



## The Farm Stand is OPEN

9am to 5pm, 7 days a week!

Here's what you'll find in the Farm Stand this week:

Salad Mixes	Arugula	Spinach
Kale	Fresh Herbs	Radishes
Chicken	Pork	Eggs
Preserves	Kombucha	Ferments
Dried Tomatoes	Asparagus	Rhubarb
Spice & Herb Mixes	Herbal Teas	and more!

We are excited to feature fresh-baked SCONES from our friends at **3 Angry Cats**. Available only on Saturdays at the Farm Stand! Choose from 4 delectable flavours: Bacon Cheddar Breakfast Scones, Rhubarb Scones, Apple Cinnamon Scones, and Maple Scones. All local ingredients, and much of it from right here on our farm!

## TAG Annual Seedling Sale Is Still On!

We still have quite a few tomatoes available (beefsteak, cherry, stuffing, paste, and many more sizes and varieties), plus tender greens, cabbages, radicchio, hot peppers, sweet peppers, eggplant, squash, pumpkins, basil, parsley, rosemary, thyme, lavender and much, much more. Tons of varieties to meet your every gardening need!



**Lorraine Schmid**  
**Lori Aselstine**

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## Volunteers are Amazing

Running a farm is hard work, and there are always projects that we can't get to because there are just not enough hours in a day (even WITH Daylight Saving Time!!).

So we are eternally grateful when people take time from their busy lives to volunteer on our farm. This year we've hosted May and Luisa (both from Germany), Bree and Yasmine (from Toronto and Quebec respectively, both of whom returned for a second stint with us this year), and Emma and Krystal. And later in the summer we have more folks coming from Chicago, Buffalo and Toronto.

And we'd be remiss if we didn't mention how utterly amazing our regular Farm Manager Lana is – we couldn't do this without her! And finally, we are looking forward to the return of our friend Katie in July – Katie is off volunteering on a farm in Thailand right now – we can't wait to hear her stories!