



## Upcoming Events at TAG

Lorraine Schmid from Down to Earth Nutrition & Wellness, and Lisa Ponizova from Sprouted Joy, invite you to take part in a weekend retreat on August 12<sup>th</sup> & 13<sup>th</sup> at Thyme Again Gardens. Enjoy food in its most natural form, and nourish your body, mind & spirit in a tranquil, rejuvenating setting!

*for more details, or to register, visit:*

<http://sproutedjoy.com/tagretreat/>

## The Royals are Coming! The Royals are Coming! June 30<sup>th</sup> Wellington, Ontario

Help celebrate two huge anniversaries at one location!

On Friday June 30<sup>th</sup>, Wellington will play host to a special edition Farmers' market. Special guests will include HRH Charles, Prince of Wales, and his wife Camilla, Duchess of Cornwall. The royal couple will be in Canada for three days to help celebrate Canada's 150<sup>th</sup> anniversary of Confederation.

Thyme Again Gardens is participating as a vendor at the special edition Friday market. We'll be there with bells on, celebrating our country's anniversary, but also (and more importantly from a self-serving perspective), our own anniversary: 20 years on the farm!

For clarity, here is our upcoming Wellington schedule:

- Saturday June 24<sup>th</sup>, 8am to 1pm as usual
- Friday June 30<sup>th</sup>, 10am to 4pm (note that this market is only open to the public after the royal couple leaves the market area – check local news for specifics)
- Saturday July 8<sup>th</sup>, 8am to 1pm as usual
- And the rest of the Saturdays until Thanksgiving

NOTE that we will NOT be in Wellington on Saturday July 1<sup>st</sup>, due to our participation in the Friday royal market, and the fact that Wellington is, for the most part, closed down on Saturday for Canada Day celebrations. If you find yourself in need of organic goodness on Saturday, the Farm Stand will be open!

## The Farm Stand is Open Daily 8am – 6pm

Here's what's available this week:

- ✓ **BEEF**  
Ground beef
- ✓ **PORK**  
Mild Italian Sausages, Bratwurst Sausages, Pork Chops, Butt Chops
- ✓ **LAMB**  
Rosemary Bratwurst Sausages
- ✓ **PRESERVES**  
Herbs de TAG Blend, Carrying Place Spice Rub, Chili Flakes, Roasted Garlic, Cayenne Powder, Chili Powder, Sweet Paprika Powder, salsa, ketchup, chutneys, jams/butters, marmalades, chili sauce, relish, Herbal Teas, and more
- ✓ **FERMENTS**  
Kombucha, Sweet Pepper Salsa, Garlic Dilly Beans, Sauerkraut mit Dulse, Kohlrabi-Carrot Kraut, Caraway Kraut, Silly Dilly Kraut, Garlic Dilly Beans
- ✓ **VEGGIES**  
Regular and Spicy salad mixes, lettuce, arugula, kale, spinach, beet greens, asparagus, garlic scapes, sweet potatoes, microgreens, sorrel, mint, lovage, parsley, dill, summer savoury, and (maybe) rhubarb
- ✓ **EGGS**
- ✓ **BODY CARE PRODUCTS**  
Face cream, Hand cream, Foot cream and Body cream from Down to Earth Nutrition & Wellness



**Lorraine Schmid**  
**Lori Aselstine**

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