



Friday Wellington Market June 30th

We are anxiously awaiting the arrival of HRH Charles, Prince of Wales, and his wife Camilla, Duchess of Cornwall. The Royal Couple will be attending a special edition of the Wellington Farmers' Market on Friday. The market will run from 10:30 to 4:00, with the public access from about 2:00 onwards (the area will be restricted until the Prince leaves for Norman Hardy winery).

Did you know that Prince Charles is an avid proponent of sustainable agriculture? He gave the keynote speech at the *Future of Food* conference at Georgetown University in 2011, and talked passionately about the organic food production. You can read an article [about this speech](#) by clicking on the link. If you want to know more about Prince Charles' philosophy, check out these reads:

- DC. Rodale's *The Prince's Speech: On the Future of Food*
- Charles Glover's *Highgrove: An Experiment in Organic Gardening and Farming* (with introduction and conclusions by His Royal Highness)



HAPPY BIRTHDAY CANADA!



Available This Weekend

In addition to our regular assortment of meats, veggies, greens and salad mixes, we have some special offerings available at the Wellington Market to celebrate the Royal Visit!

Choose from our new line of pickles: The Duke's Cucs, Duchess Dills, and the Prince's Pickles.

We'll have lots of other ferments, preserves and spice mixes, as well as healthy body care products!

Come out and help us celebrate two incredible milestones in 2017:

- 150 years of Confederation, and
- 20 years of Thyme Again Gardens!

Upcoming Events at TAG

Lorraine Schmid from Down to Earth Nutrition & Wellness, and Lisa Ponizova from Sprouted Joy, invite you to take part in a weekend retreat on August 12th & 13th at Thyme Again Gardens. Enjoy food in its most natural form, and nourish your body, mind & spirit in a tranquil, rejuvenating setting!



for more details, or to register, visit:

<http://sproutedjoy.com/tagretreat/>



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Bed & Breakfast
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**Lorraine Schmid
Lori Aselstine**

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