



Farm Stand Fare

Our very own **TAG** and **Down to Earth** stuff:

Eggs	Salad Greens	Sprouts
Herbs	Garlic	Tomatoes
Potatoes	Chard	Collards
Salsa	Marmalades	Jams & Jellies
Ketchup	Chili Sauce	BBQ Relish
Pork Sausage	Pork Chops	Ground Pork
Pork Roasts	Lamb Sausage	Ground Beef
Chicken Broth	Soup Chickens	Herbal Tea
Hand Cream	Face Cream	Kombucha
Beet Kraut	Asparagus Ferment	Scape Ferment

Products from **Honey Pie** and from **Melody's Garden**:

Sunscreen	Bug Spray	Creams/Salves
	Shampoo/Body Wash	

What goes around, stays around ...

Buy Local!

Lorraine Schmid & Lori Aselstine

www.thymeagain.com

www.Facebook.com/ThymeAgain

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Meat Orders

Call or email us now to place your **bulk** order for chicken, lamb and pork.

- PORK: whole or half
- LAMB: whole or half
- CHICKEN: minimum order is 20 chickens

Pork and Lamb will be available in September or October. Meat Chickens will be available starting mid-August.

Even if you are not completely sure about ordering, let us know so that we can add your name to the list.

Don't have storage space for a bulk order? That's okay – you can still buy individual cuts from us, either at the Farm Stand or at the Wellington Market.

Your Dog Deserves a Treat!!

We love our dogs, and want the very best for them. Sometimes I think ours actually eat better than we do! We can make our own informed choices about food, but our pets rely on us to do that for them (well, except when they find some weird thing on the side of the trail that they pick up, run, hide, and devour as we frantically try to call them away from whatever it is they have discovered!).

So why not treat your dog to some raw bones? There's a lot of controversy about feeding dogs raw bones, so here are a few tips to keep in mind:

- ✓ Choose human-grade raw meaty bones because some pet meat and bone products can contain preservatives that can be detrimental to the dog's health. However avoid sausages, sausage meat and cooked manufactured meats as they can contain sulphite preservatives.
- ✓ Bones must always be raw. Cooked bones splinter easily, and can cause internal damage or become intestinal blockage.
- ✓ Raw meaty bones provide several important health benefits including keeping teeth and gums healthy.
- ✓ Too many raw bones may lead to constipation. Generally 1 or 2 raw bones may be offered per week with a few days in between each serving.
- ✓ The bone must be large enough so that the dog cannot fit the whole bone in its mouth, or swallow the bone whole.
- ✓ Always supervise dogs when they are eating raw bones.
- ✓ Dogs 'like' bones very much and sometimes become protective. Do take care and discourage young children and others from approaching dogs that are eating.

As many of you know, we are struggling to keep stuff growing in this drought, especially tender greens. We have been pulling things out of the garden that just aren't going to make it, so that we can concentrate our efforts (and our scarce water) on things that may survive. And it's not just our veggies that are suffering -- it's difficult to keep up with the water demands of our animals. Plus, because our hay crop has suffered in this drought, we will have to reduce our animals before fall, as we won't have enough hay to sustain them over the winter.

What, you may be asking, does our water problem have to do with an article on giving your dog raw bones? Well, we're glad you asked! We need to make room in our freezers to accommodate incoming meats. And that's where you come in: we have LOTS of lamb bones that will make a great treat for your dog. If your dog tends to wolf their food, feed raw bones partially frozen – it makes them work harder and actually slows them down!